

CLINICAL PRACTICE GUIDELINE REVIEW WORKSHEET

Procedure: **Asthma**

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Review Date: **August 2007**

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Approval Date: **August 2007**

MEMBERS PRESENT:

Credentialing/Peer Review Committee (see minutes)

PURPOSE:

To guide LHA network physicians in the diagnosis and management of asthma to achieve best practice in managing asthma. This Clinical Practice Guideline is not intended to replace a physician's clinical medical judgment, which should be based on current medical knowledge and practices

FINDINGS:

Asthma ranks among the most common chronic conditions in the United States, affecting an estimated 14.9 million persons in 1995 and causing over 1.5 million emergency department visits, about 500,000 hospitalizations, and over 5,500 deaths.

RECOMMENDATIONS:

Liberty Health Advantage recommends the adoption of the National Heart, Lung, and Blood Institute's, National Asthma Education and Prevention Program Diagnosis and Management Guidelines.

- Recommend use of corticosteroids and leukotriene modifiers to achieve the best practice.
- Effective usage of corticosteroids, Cromolyn sodium, long acting beta2 agonists and leukotriene modifiers will improve clinical outcome.

ATTACHMENTS:

- National Asthma Education and Prevention Program Expert Panel Report on the Diagnosis and Management of Asthma (PDF).
<http://www.nhlbi.nih.gov/guidelines/asthma/index.htm>

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
National Institutes of Health
National Heart, Lung, and Blood Institute

National Asthma Education and Prevention Program

Asthma

**Update on
Selected Topics 2002**



**Expert Panel Report:
Guidelines for the Diagnosis and Management of Asthma**

